

# Jennifer Neily, MS, RDN, LD, FAND

Registered Dietitian Nutritionist | Wellcoach® Certified Health Coach  
Fellow of the Academy of Nutrition and Dietetics

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Twitter: @JenniferNeily | Book now! [bit.ly/meetwithneily](http://bit.ly/meetwithneily) It's free!

Ms. Jennifer Neily served on the Cooper Clinic staff May 2004 - June 2009. She performed in an exceptional manner working with and caring for patients. She was used as a spokesperson for the Cooper Clinic in newspaper and television. Jennifer presented herself in a very professional and effective manner and I would highly recommend her.

– Kenneth H. Cooper, MD, MPH,  
Founder and Chairman  
Cooper Aerobics  
Enterprises  
Dallas, Texas



I wanted a nutritionist who would educate as well as motivate me. My sessions far exceeded expectations! Neily didn't have a cookie cutter formula—one size fits all—but asked questions to help me find strategies. She held me accountable to the steps I chose to reach my goals. She has a very encouraging demeanor, is understanding, yet doesn't let you make excuses. I'm grateful for all she taught me about nutrition, but more than that, what she taught me about myself. She's awesome!!!

–Anne Marie Knop | Dallas, TX

## As seen on



Neily helped me define areas in my diet that needed tweaking so I would have more energy. She also made me aware of my emotional triggers and how to develop positive ways of dealing with them. My friends noticed my changes—I noticed my empowerment.

–Alice Seale | Dallas, Texas

### Are you ready to:

- ◆ Have more energy & confidence?
- ◆ Become empowered to achieve your best health?
- ◆ Age gracefully?

It is so very possible to...liberate yourself and move forward with confidence. I *can* help—**get started with a complimentary strategy session!**

[bit.ly/meetwithneily](http://bit.ly/meetwithneily)

Contact  
me for  
your  
Strategy  
Session

Or  
book now!

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